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- Composition for the curative and prophylactic treatment of obesity, comprising an extract of green tea containing from 20% to 50% by mass of catechols expressed as epigallocatechol gallate (EGCG).
- Composition according to Claim 1, characterized in that the extract of green tea contains from 20% to 30% by mass of catechols expressed as epigallocatechol gallate (EGCG).
- 3. Composition according to either of Claims 1 and characterized in that the extract of green tea contains from 5% to 10% by mass of caffeine.
- Composition according to one of Claims 1 to 3, characterized in that the extract of green tea has a of the concentration of catechols to the concentration of caffeine of between 2 and 10.
- Composition according to one of Claims 1 to 4, characterized in that the extract of green tea is titrated so as to allow the administration of a daily dose of from 250 mg to  $5\mathack{\mathack}0$  mg, preferably about 375 mg, of catechols per day, and from 50 mg to 200 preferably about 150 mg, of\caffeine per day.
- Use of an extract or powder of green tea for 25 the manufacture of a medicinal product which has antiand/or thermogenic properties, and which is intended for the curative and prophylactic treatment of obesity.
- Use according to Claim 6, characterized in that the extract of green tea contains from 20% to 50%, 30 preferably from 20% to 30%, by \ mass of catechols expressed as epigallocatechol gallat& (EGCG).
  - Use according to either of \Claims 6 and 7, characterized in that the extract of gleen tea contains from 5% to 10% by mass of caffeine.
  - Use according to one of Claims 6 to characterized in that the extract of green tea has a ratio of the concentration of catechals to concentration of caffeine of between 2 and  $1\dot{0}$ .

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10. Use according to one of Claims 6 to 9, characterized in that the extract of green tea is titrated so as to allow the administration of a daily dose of from 250 mg to 500 mg, preferably about 375 mg, of catechols per day, and from 50 mg to 200 mg, preferably about 150 mg, of caffeine per day.

11. Process for the esthetic treatment of a human being in order to enhance his or her figure, characterized in that it involves the oral administration of a catechol-enriched extract of green tea in order to bring about a loss of weight or to maintain a weight level which is as low as desired.

12. Process according to Claim 11, characterized in that the extract of green tea contains from 20% to 50%, preferably from 20% to 30%, by mass of catechols expressed as epigallocatechol gallate (EGCG).

13. Process according to either of Claims 11 and 12, characterized in that the extract of green tea contains from 5% to 10% by mass of caffeine.

20 14. Process according to one of Claims 11 to 13, characterized in that the extract of green tea has a ratio of the concentration of catechols to the concentration of caffeine of between 2 and 10.

15. Process according to one of Claims 11 to 14, characterized in that the extract of green tea is titrated so as to allow the administration of a daily dose of from 250 mg to 500 mg, preferably about 375 mg, of catechols per day, and from 50 mg to 200 mg, preferably about 150 mg, of caffeine per day.

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